

# EVENT SCHEDULE

## SATURDAY 6TH DECEMBER

Time	Athletics	Gym	BMX	Swimming	Golf	Sailing	Football	Water polo	Coaches/ HOD
8am – 6pm	Teams and VIP's arrive and register at their relevant accommodation venues								
6pm – 7.30pm	Dinner served at accommodation venues (First official meal)								

## SUNDAY 7TH DECEMBER

Time	Athletics	Gym	BMX	Swimming	Golf	Sailing	Football	Water polo	Coaches/ HOD
6.00am – 8.00am	Breakfast at accommodation venues								
7.30am-9.30am									Technical meetings
9am – 10am									
10am – 11am	Training	Training	Training	Training	Training	Training	Training	Training	With athletes at relevant training venues
11am – 12pm									
12pm – 1pm									
1pm – 2pm									
2pm – 3pm									
3pm – 4pm	Afternoon tea at accommodation venues								
4pm – 5pm	Transported to opening ceremony								
5pm – 7pm	OPENING CEREMONY								
7pm – 8pm	Dinner served at the conclusion of the opening ceremony, onsite at ceremony venue								
8.00pm-9.30pm	Carols by candlelight, held after the opening ceremony. This is an optional event, teams and guests can choose to stay or be transported back to accommodation straight after dinner. <b>Last bus leaves at 9.00pm.</b>								

**Please note: lunch will be served daily at sporting venues between 11am – 1pm.**

For those sports not competing/training, they can attend an alternative sporting venue for lunch.

**VIP's can eat lunch at any of the sporting venues each day**

Snacks, icy poles and fruit will be available in reception areas at all accommodation venues as needed

## MONDAY 8TH DECEMBER

Time	Athletics	Gym	BMX	Swimming	Golf	Sailing	Football	Water polo	Coaches/ HOD
6.00am – 8.00am	Breakfast at accommodation venues								
8am – 9am									With athletes at relevant competition venues
9am – 10am	Comp.	Girls Comp.	Training/ day off	Comp.	Comp.	Comp.	Comp.	Comp.	
10am – 11am									
11am – 12pm									
12pm – 1pm									
1pm – 2pm	Boys Comp.	Comp.	Comp.	Comp.	Comp.	Comp.	Comp.		
2pm – 3pm									
3pm – 4pm									
4pm – 5pm									
5pm – 6.30pm	Dinner served at accommodation venues								
7pm – 9.30	Outdoor movie night and wildlife adventure at accommodation venues								

## TUESDAY 9TH DECEMBER

Time	Athletics	Gym	BMX	Swimming	Golf	Sailing	Football	Water polo	Coaches/ HOD
6.00am – 8.00am	Breakfast at accommodation venues								
7.30am – 9am									With athletes at relevant competition venues
9am – 10am	Comp.	Girls finals Comp.	Training/ day off	Comp.	Comp.	Comp.	Comp.	Comp.	
10am – 11am									
11am – 12pm									
12pm – 1pm									
1pm – 2pm	Boys finals Comp.	Comp.	Comp.	Comp.	Comp.	Comp.	Comp.		
2pm – 3pm									
3pm – 4pm									
4pm – 5pm									
5pm – 6pm	Transported to Surf carnival event at Blacksmiths beach								
6pm – 7pm	SURF CARNIVAL - Swimming and beach activities								
7pm – 8pm	Dinner served at Blacksmiths beach								

## WEDNESDAY 10TH DECEMBER

Time	Athletics	Gym	BMX	Swimming	Golf	Sailing	Football	Water polo	Coaches/ HOD
6.00am – 8.00am	Breakfast at accommodation venues								
7.30am – 9am			Comp.	Comp.			Comp.	Comp.	With athletes at relevant competition venues
9am – 10am	Comp.	Day off			Day off	Comp.			
10am – 11am									
11am – 12pm									
12pm – 1pm									
1pm – 2pm									
2pm – 3pm									
3pm – 4pm									
4pm – 5pm									
5pm – 6.30pm	Dinner served at accommodation venues								
6.30pm – 7.30pm	Transported to closing ceremony from Sport and Rec and VIP accommodation								
7.30pm – 9.30pm	CLOSING CEREMONY at University of Newcastle								

## THURSDAY 11TH DECEMBER

Time	Athletics	Gym	BMX	Swimming	Golf	Sailing	Football	Water polo	Coaches/ HOD
7am – 8.30am	Breakfast served at accommodation venues (last official meal)								
8.30am – 3.30pm	Teams depart								

\* This document is subject to change without notice.